

**AL KHUBZ CHAKKI GOLD ATTA / WHOLE WHEAT FLOUR**

<b>Category</b>	Whole Wheat Flour / Chakki Atta
<b>Country Of Origin</b>	Pakistan
<b>Ingredients</b>	100% Whole Wheat
<b>Additive</b>	None
<b>Non-GMO</b>	Yes
<b>Texture</b>	Powdery
<b>Suitable For</b>	Halal, Kosher and vegetarian diets.

**Description:**

This product is cream coloured powder and is made from milled, whole wheat, this product is also free from artificial colouring and flavouring. Contains gluten.

**Certifications:**

- 1) ISO 9001 2015
- 2) HACCP
- 3) Food Fortification Program Pakistan

**Packaging:**

5 KG PET PE

**Shelf Life:**

6 Months

**Storage Conditions:**

Store in a cool dry place, away from direct sunlight.

**Uses:**

- Chappatis
- Parathas
- Whole Wheat Bread
- Whole Wheat Pizzas

**ANALYSIS**

Parameters	Limits
Moisture	13 - 14 %
Ash Contents	0.9 - 1.0 %
Gluten wet	32 - 33%
Gluten dry	11 - 12 %
Particle size	-
Protein	12 - 13 %
Fiber %	-
Quality	Hard
Water Absorption	58 - 60 %
Falling Number	-
Gluten Index	-

**Nutritional Information Per 100/g (Typical analysis only) \***

		% DV
Calories	339 (1419 kJ)	17 %
Protein	13.7 g	27 %
Fats, total	1.9 g	3 %
Cholesterol	0.0 g	0 %
Carbohydrates	72.6 g	24 %
Sugars	0.4 g	0 %
Dietary Fibre	12.2 g	49 %
Gluten	-	-
Sodium	5.0 mg	0 %
Niacin	6.4 mg	32 %
Vitamin E	0.8 mg	4 %
Potassium	405 mg	12 %
Calcium	34 mg	3 %
Magnesium	138 mg	34 %
Phosphorus	346 mg	35 %
Manganese	3.8 mg	190 %
Zinc	2.9 mg	20 %
Iron	3.9 mg	22 %
Folate	44.0 mcg	11 %

Allergen	Present (Yes /No)
Cereals containing gluten	Yes
Crustaceans, molluscs and their derivatives	No
Fish and their derivatives	No
Egg or Egg products	No
Peanuts and their derivatives	No
Others	No

\* These indicative analytical values reflect the actual position of our knowledge and do not constitute any guarantee.

